

Service & Involvement Opportunities

Martin Luther King Jr. famously said, "Life's most persistent and urgent question is: What are you doing for others?" Respond to that question by getting involved during MLK Week this year. Bring a friend too!

If you would like to register to participate in any of the events/opportunities below please register [here](#).

SUNDAY, JAN. 19

8th Annual Martin Luther King, Jr. - Redeeming the Prophetic Vision Interfaith Service
2:30pm – 4:30pm | 902 Market St, Tacoma, WA 98402

Join The Conversation, a local social justice organization, and Urban Grace church in a critical approach to redeeming Dr. King's vision in today's world. "Our only hope today lies in our ability to recapture the revolutionary spirit and go into a sometimes hostile world declaring eternal hostility to poverty, racism, and militarism."

MONDAY, JANUARY 20

5th Annual MLK Day First Creek Environmental Restoration Project
9:00AM - 1:00PM | First Creek Middle School 1801 East 56th St, Tacoma, WA

Join UWT Environmental Science and the First Creek Middle School Environmental Science Club us this MLK Day for a fun filled morning of service! Meet new people, connect with nature, and help us better our community. Volunteers must register directly on the [Green Tacoma](#) website for this opportunity

MONDAY, JANUARY 20

UWT Giving Garden Service Project
11:00am – 1:00pm | Corner of Fawcett and S. 21st

The UW Tacoma Giving Garden grows produce for donation to local food banks. With the construction of the new Student Center, the Giving Garden has been relocated and needs to be rebuilt. Join us to build raised planting beds for the garden. Dress in layers and plan to get dirty! RSVP via email to Chris Lower at lowecs1@uw.edu.

TUESDAY, JAN. 21

United Way Educational Kit Assembly Service Project
12:30-1:30pm | UW Tacoma Jane Russell Commons (WPH)

Dr. King believed that education was the gateway to liberation. We are working with the United Way to create hundreds of educational kits to support the early learning of our local youth. Come lend a hand in support of our community's youth.

WEDNESDAY, JAN. 22

MLK Civic Reflection Opportunity #1
12:30pm-1:30pm | Diversity Resource Center (WCG-104)

Dr. Martin Luther King's image has been taken, sliced, monopolized, trampled, and celebrated in many beautiful and deeply contradictory, problematic ways since his murder. Yet his legacy of collaborative struggle, purposeful action, and civic commitment to transforming this world remains as needed as ever. Join UWT Professors Tanya Velasquez and Chris Knaus for a hands-on reflective discussion about our individual roles in shaping and living the world we wish.

WEDNESDAY, JAN. 22

Nonviolent Communication Workshop
3:45-6:30pm | Tacoma Room (GWP-320)

Non-violent communication is essential in the development and maintenance of healthy personal and professional relationships. Learn new strategies for communicating your needs and listening to the needs of others.

THURSDAY, JAN. 23

MLK Civic Reflection Opportunity #2

12:30pm-1:30pm | Diversity Resource Center (WCG-104)

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THURSDAY, JAN. 23

First Creek Middle School AVID Program Volunteer Opportunity

Time: 1:30-3:00 | First Creek Middle School 1801 E 56th St, Tacoma, WA 98404

Volunteers will have the opportunity to connect with First Creek Middle School students and discuss their college experience and the importance of education and community involvement. Registered participants should plan to meet in Mattress Factory 1:20 for a ride.

FRIDAY, JAN. 24

Northwest Harvest Food Bank

9:00am-12:00pm | 22220 W. Valley Hwy. Kent, WA 98032

Northwest Harvest's mission is to provide nutritious food to hungry people statewide in a manner that respects dignity while fighting to eliminate hunger. Their vision is to provide ample nutritious food available to everyone in Washington State. Volunteers will assist in sorting and packaging food donations for distribution to the over 600,000 Washington families who struggle to put food on the table. UW Tacoma students, faculty and staff are welcome to participate and transportation can be provided by meeting at MAT-103 in the back of the Mattress building at 8:00am.

SATURDAY, JAN. 25

Habitat for Humanity

9:00am-2:00pm | Location: TBA

Tacoma/Pierce County Habitat for Humanity serves all of Pierce County through building simple, decent houses in partnership with low-income families. Construction volunteers work alongside Habitat's experienced Site Managers and Crew Chiefs, as well as the families who will actually occupy the homes, to build Habitat's houses. Workers assist in a variety of tasks ranging from framing and roofing to painting and landscaping. No prior experience is necessary. Pierce County regulations restrict children 16 and under from working on construction sites.